

# ARE CASINO/VEGAS NIGHTS FOR YOUTH A GOOD IDEA?

## Facts to Consider

Developing brains of youth make them more likely to develop a gambling problem.

Youth who gamble have higher rates of anxiety & depression.

Youth gambling can increase smoking rates, drug use, and binge-drinking.

Casino nights give teenagers a false perception of how gambling works in the real world.

Gambling can increase truancy & antisocial behaviors in youth as well as lead to the loss of friendships.

Youth gambling can decrease academic performance.

**Want to educate youth?**  
Go to [StartTheTalk.org/Talk-Gambling/](http://StartTheTalk.org/Talk-Gambling/) to learn more about how to get a conversation started.

Thank you for re-considering casino/poker nights with teens.  
Fun can be had in many other ways - see the list below.

## Fun & Safe Alternatives:

- Movie Night
- Mystery Night
- Silent Disco
- Talent Show
- Video Game Night
- Bouncy Castle Bonanza
- Board Game Night
- Concert
- Cornhole



Sources: <https://tinyurl.com/bdf3nf6h>

**HELP FOR  
PROBLEM  
GAMBLING**

**CALL** 1-800-GAMBLER  
**TEXT** 800-GAM  
**CHAT** 1800GAMBLERchat.org



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*Hope Spoken Here*