23%

had a Gambling
Problem,
compared to 18%
of straight people



had a Substance
Use Disorder,
compared to 11%
of straight people

10 million

have experienced depression

12 million

have experienced anxiety

2x

more likely to attempt suicide than heterosexual people

Sources: bit.ly/41M9pyW

Hope for the Future

70% of Americans support same-sex marriage, compared to 38% in 2000 33% of LGBTQ+ students are bullied for their identity, a drop from 75% in 2005

93% of Americans believe LGBTQ+ people should have access to equal jobs

Incidence of HIV has dropped from 19.8 to 9.3 per 100,000 people

Knowledge & education about LGBTQ+ issues has increased since 2010

In many states, rates of LGBT inclusive sex education are increasing

Sources: bit.ly/400oMFR

What to do?

- Support LGBTQ+ media & products
- Support queer businesses & non-profits
- Create & teach awareness about LGBTQ+ topics
- Create LGBTQ+ inclusion in your spaces

Resources





Why the Difference?

LGBTQ+ folks tend to use substances more often & are more likely to attempt suicide than straight people because of:

Discrimination
Social Stigma
Lack of Support
Internalized Homophobia





